



2021 Co2uT Riders Manual
A "Must Read"
Distance Specific Supplement
100 Mile Triceratops Course

This supplement contains information, rules and details specific to your course.
You must also read the general riders manual for full event details.

Welcome to the Triceratops Course. Don't let the gentle nature of her lull you into a false sense of serenity. This course is more about the horns than the gentleness of this giant. To make it you will have to ride smart, push hard and plan well. If you do, you'll experience a deep sense of accomplishment and satisfaction knowing that you tamed the ICONIC desert century.

Things you need to know

Start time: 8:00 a.m. Downtown Fruita – Peach Street and Aspen.
Official end of the 100 mile race: 9:00 p.m. Downtown Fruita. Peach Street and Aspen.

Start Location.

All distances Begin in the parking lot on the north side of Civic Center Pavilion Park. 325. E. Aspen Avenue.

Start Time.

8:00 a.m. Triceratops – 100 Miles

Event Parking.

Parking for all distances is Fruita Monument High School. 1102 Wildcat Avenue, Fruita, CO 1.5 miles from the start. Be sure to allow enough time to ride safely to the start and obey all road rules and laws.

Map from Parking lot to start. <https://goo.gl/maps/6fgwAuqL93oAv9Be8>

Packet Pickup.

All Packets must be picked up Friday. **There will be NO race day pick up.**

Packet pick location. Rocky Mounts World Headquarters. 1675 Las Colonias Drive. Grand Junction. 12 p.m. – 10 p.m. Friday, May 21st. Family, crew, spectators will not be allowed at packet pick up this year. Please come solo or with other participants.

Neutral Start and Finish

You will roll out of and back into Fruita on paved city streets. To keep you safe and give you time to find your groove the first and last 7 miles is "Neutral." NO RACING. Just after hitting the gravel on 18 road you will see a timing station. Racing and timing officially begins and ends here for the race. Inbound, you will ride "neutral" after this timing station—racing is over and you can spin into town easy and reflect on your accomplishment. *Note – Cut-off times are based on the time you leave the event start in town.

Important course note.

Mile 21 you will approach State Highway 139. You MUST stop before entering the highway. It is just ½ mile to aid station #1 and back on gravel. Please, use extra caution on this road. The median is wide. Use it to stay far right. When you are coming inbound just as you leave the final aid station you repeat this same ½ mile in the opposite direction. Again, use caution and stay far right.

Drop Down.

We want you to finish Co2uT. We want you to keep at it and get it done. To this end we provide you a mid-race “drop down” option to the 75 mile course.

- Drop Down. At race mile 39, Aid station #2 the 100, 125 and 185 mile course turn right, through the aid station heading west on gravel.

The 70 mile route continues straight (south) on the asphalt. At this point you have the option to continue on in the 75 mile route. If you choose this “drop down” option YOU MUST speak with an official at aid station #2 and confirm with them you are dropping down. They MUST log your name and race number. If you choose this option you will be recognized as an official finisher of the 75 mile course. You will not be eligible for an age group award.

Lights

You are required to have a flashing red taillight on and operational for the entire event. **Any rider on course after 8pm is required to have a white front light on and operational through the finish.**

Strava Segment(s)

Prizes and awards will be given on several Strava segments along the course. Some for QOM and KOM. Some for special positioning (like rider Strava position 100 as an example). Keep an eye on course for Sponsor flags and signs for segments.

Best Selfie Utah Border Crossing.

At mile 44 you'll cross the border from Colorado to Utah. You'll recognize the small orange sign on the left from one of many of Co2uT, Desert Gravel founder Morgan Murri's (too long) video posts. Take a minute to pull over and shoot a selfie with you and the sign expressing the true essence of Co2uT (Colorado 2 Utah) Post it to Instagram and or Facebook tagged with @desertgravel and @rockymounts and the winning shot will earn you super sweet Rocky Mounts bike rack! (If you don't do social media just text it to 303-475-6053)

Course Spits and two way traffic.

Your course rides with the 70, 125 and 185 mile courses to mile 41 aid #2. Here the 70 mile course continues down the asphalt road. You, the 125 and 185 turn right, going through the aid station and heading west on gravel.

At mile **45 YOU CONTINUE STRAIGHT**, the 125 and the 185 milers go right (west).

At about mile 72 it is possible that you will see, or join, merging riders coming in from your right as the 75 milers come back in from a south eastern road. From here to the finish all riders share the same inbound route.

Lastly and most importantly...

100 miles and over 5,000' of gain is a big day. Add in wind, sand, more tough little climbs a lot of twists and turns, Triceratops will truly challenge you. If she starts to get you down... Doubt begins to creep in, your smile slips into a gritty, dusty frown and the dino breeding grounds have bruised more than your ego. Remember this. You are doing something that many cannot. You are brave. You are healthy. Just a few months ago you told yourself “I would give anything to just go to the desert and ride my bike.” That day is here and so are you. Look up, take it in. Truly – LOOK around you... and remind yourself how blessed you really are. Then, breathe deep, smile and pedal on. We are waiting for you at the finish. WE believe in you. Now dig! Smile – Push. Repeat.

