

75 Mile Riders Manual

This supplement contains information, rules, and details specific to your course.

You must also read the general riders manual for full event details.

Welcome to the **Stegosaurus Course**. She's fun, she's sassy, and yes, a bit of a sting! Stegosaurus is tough, but rewarding, and a fantastic mix of terrain. This is after all about you challenging yourself, redefining your possible, and coming out amazed. Plan well, ride smart, and believe in yourself. If you do, you'll experience a deep sense of accomplishment and satisfaction knowing that you tamed the sassiest dino in the desert!

Start time

8:00 am Downtown Fruita – Peach Street and Aspen.

Start Location

All distances Begin in the parking lot on the north side of [Civic Pavilion Park 325 East Aspen Avenue](#)

Parking

Parking for all distances is Fruita Monument High School. 1102 Wildcat Avenue, Fruita, CO 1.5 miles from the start. Be sure to allow enough time to ride safely to the start and obey all road rules and laws. [Map from Parking lot to start.](#)

Packet Pickup 2:30 pm–8:30 pm Friday, May 3

All Packets must be picked up Friday. **There will be NO race day pick-up.**

Packet pick location: [Civic Pavillion Park 325 East Aspen Avenue](#)

ROUTE

Neutral Start

First 5 miles is a Sheriff's lead escort. Nice and easy

You will roll out of and back into Fruita on paved city streets. To keep you safe and give you time to find your groove the first 5 miles are "Neutral." NO RACING. Remember! All roads are open and will be busy with cars the closer you get to town! You will finish right at the park.

75 Mile Riders Manual (cont.)

Course Notes

Aid Stations. Mile 23, 39 and 52

Mile 22 – you will approach State Highway 139. You **MUST** stop before entering the highway. It is just ½ mile to aid station #1 and back on gravel. Please, use extra caution on this road. The median is wide. Use it to stay far right. When you are coming inbound. You repeat this same ½ mile in the opposite direction. Again, use caution and stay far right.

Mile 39 – Aid #2 To access the aid station you need to turn right, off course. Take aid and go back onto the main road and continue **SOUTH**. **IF YOU CHOOSE NOT TO PULL IN FOR AID IT'S A LONG 14 MILES TO THE NEXT AID STATION.**

CAUTION – 1.2 MILES PAST AID #2 YOU WILL TURN HARD LEFT, ACROSS ONCOMING TRAFFIC TO GET BACK ON GRAVEL!

Drop bags

You will be allowed one drop bag that will be delivered to aid station #2. This is mile 39 You must **CLEARLY LABEL** the drop bag with your name and race number. Mark it well – you will be required to find your drop bag on your own. The better you label it the more organized we'll have it. It needs to be a reasonable size (such as a race-tote, musette bag) or 6 pack cooler. Drop bags need to be dropped off prior to your start on Saturday morning at the start/finish area (this zone will be marked). Drop bags may not be retrievable after the race until Sunday morning at the finish area. Any items/bags not claimed by end of the day on Sunday, April 24th will be donated.

Summing up

Stego is one heck of a course. You get amazing terrain, incredible views a wide variety of roads, and experiences all packed into a course that won't keep you out there all day. This doesn't mean it will be easy. We predict almost every rider, of every course, will finish and say "That was harder than I thought it would be." For us (and we believe ultimately for you too) that is the point. Proving to yourself that you can overcome. When it gets hard, you feel discouraged, those questions and doubts creep into your mind try this. Smile. Relax those shoulders. Wiggle those fingers. Then... Look up and look around you. Take in how truly uniquely beautiful it is all around. Now – remind yourself of this.... You are on your bike, riding through the desert. You are healthy, you are strong. When we were all "locked down" you dreamed of this moment. Now live it, embrace it and finish it. We're waiting for you. We believe in you. Pedal.